# THE NORTH END REGIONAL REVIEW

#### WU'S COFFEE HOUR COMES TO CITY HALL PLAZA



## Wu announces Boston's Safety Surge

By Michael Coughlin Jr.

In a press conference at Thetford Evans Playground in Mattapan on Monday, May 22, Mayor Michelle Wu unveiled the City of Boston's Safety Surge, an initiative to make city streets safer for every-

As part of this initiative, the city is committing to installing speed humps, redesigning intersections, and updating traffic signal guidelines throughout all neighborhoods to enhance street safety.

"We are looking to having safer streets all across Boston. Not just here around one park as beautiful and as treasured a space as it

(SAFETY Pg. 3)

### Mayor forms outdoor dining Task Force

By Phil Orlandella

When Boston Mayor Michelle Wu put an end to the street outdoor dining in the North End to the dissatisfaction of restau-

rant owners, she committed to the formation of a Task Force to think through what a permanent program could look like in the

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heavy populated community with numerous restaurants.

Wu has kept her commitment announcing that a Task Force of eleven members made up of residents and the business community.

The group will be empowered to work with city officials and other stakeholders to evaluate the status of a program that makes sense for everyone involved.

Reportedly, the city is looking forward to working with the group to develop a set of recom-

(Dining Pg. 3)

## Coletta announces community trash initiative in District 1

Special to the Regional Review

Boston City Councilor Gabriela Coletta is announcing a community trash initiative in District 1 to reduce trash and litter across the neighborhood and foster community pride.

"I've heard from many residents about the accumulation of trash. Charlestown, East Boston, and the North End are extremely dense neighborhoods that make them susceptible to more debris and trash build-up. Last Summer, when my office implemented a Summer of Service initiative, my team collected over 80 pounds of trash throughout these neighborhoods. I'm excited to launch this initiative in partnership with the City of Boston, Boston Public Schools, and the community to promote keeping our neighborhoods clean," said Councilor Gabriela Coletta. "We're tackling this perennial issue through a multi-layered strategy focusing on litter prevention (barrels), civic education, and trash mitigation (hokies, cleanups). Let's stand together against littering and illegal dumping that contribute to air, land, and ocean pollution. We'll foster community pride while leveraging city resources to ensure that our communities remain bright and beautiful for future generations."

Councilor Coletta is fighting for additional city resources, such as reviewing and reforming trash contracts, additional funding for the Office of Civic Organizing's "Love Your Block," identifying high pedestrian corridors for additional trash barrels, and more staff capacity and resources for rat mitigation. She seeks to promote civic engagement by installing signs across the district promoting beautifying the streets. BPS Students across the district will create signs that residents and businesses can adopt saying "Keep our communi-

(Trash Pg. 2)

### Abutters challenge construction

By Phil Orlandella

Two guest speakers and construction concerns relating to 190 Salem Street were raised at the May monthly meeting of the North End/, Waterfront Residents' Association (NEWRA).

Abutters claimed the owners of the building were conducting unauthorized construction.

Following information provided by both sides, it was determined the issue be returned over to the City of Boston Inspection Service Department (ISD) to resolve the issue.

NEWRA held open discussions on the possibility of the formation of a North End/Waterfront Climate Alliance to begin dealing with the issue related to harbor possible damage from climate

While the idea was presented for informational purposes, residents seem to think it was a good idea and it should be pursued.

One guest speaker provided facts relating to a mission to improve walkability throughout the city and state. The other speaker provided the applications and funding process for affordable housing, presentation, open space, and recreation.

Those in attendance raised their voices relating to badly needed sidewalks and street repairs in the North End. Currently, the city attempts to make repairs as need-

NEWRA's next public meeting will be held at the Nazzaro Community Center on Thursday, June 8 at 6:30 p.m.

### IN BRIEF By Phil Orlandella

### NEW HEALTH BOCCE TOURNAMENT

Several community events have been held in May to benefit NEW Health. It all started on May 6 with a Viva la Bocce Tournament at Langone Park.

Many sponsors helped make the tournament possible.

A raffle was drawn for a Mother's Day package and an exercise package.

Following the many friends gathered at Tia's Waterfront to watch the Kentucky

#### PARTY FOR THE PARK

Friends of Armenian Heritage Park will hold a wine tasting to benefit the park's care on Tuesday, June 13 from 6:30-8:30 p.m. at the InterContinental Hotel in

Advance visitations only. Space is limited.

### **COLETTA GUEST SPEAKER**

District 1 Boston City Counselor Gabriela "Gigi" Coletta was the guest speaker at the Friends of Christopher Columbus Park annual meeting.

Coletta was clearly aware of the issues that her constituents face and offered her services to FOCCP and anyone in the district she represents.

"We were delighted to welcome our City Counselor to our meeting. She was very informative," FOCCP noted.

#### **FOCCP ELECTS OFFICERS**

Friends of Christopher Columbus Park (FOCCP) at their annual meeting elected officers and two Directors At Large to one-year terms.

Elected were: President Juliann Hayes-Rines (14th time), Vice President Ann Babbitt (11th time), Treasurer Allison Seavey, Clerk John O'Reilly, Directors At Large Suzanne Lavole and Patricia Sabby.

#### **OLD NORTH** ORIGINAL PLAY

For the first time in its 300year history, the Old North Church will host an original play, "Revolution's Edge" that will premiere Tuesday, June 15.

The 45-minute production will run three-nights a week through September 19. Tickets will be sold at the door or online at www.oldnorth.com/revolutions-Edge/.

#### WATER MAIN **FLUSHING**

The North End is one of several communities and areas that the Boston Water and Sewer Commission will commence water main flushing through June 6 from 10 p.m. to 6 a.m.

The purpose of the Water Main Flushing Program is to improve drinking water quality. The process may cause discolored water and a reduction in pressure. Discoloring will be temporary and is not harmful.

Problems call 617-989-7000.

#### **NSC FRIDAY MOVIES**

ABCD North End/West End Neighborhood Service Center (NSC) will show a monthly movie, usually on the last Friday of the month at 1 p.m.

Residents are welcome to enjoy popcorn and snacks and watch a movie on a big screen television.

For schedule call 617-523-

#### TRIP TO SALEM

The North End/West End Neighborhood Service Center is planning a trip to Salem on Wednesday, June 7 from 9 a.m.-5 p.m. at a cost of \$30 which covers lunch, all gratuities and a snack. Five different lunches are being offered.

Pickup at 9 a.m. at Sterite Rink on Commercial Street and 9:15 a.m. at Amy Lowell Apartments on Martha Road.

Local elected officials have sponsored the bus.

### Mother's Day festivities at NSC

By Phil Orlandella

It was a great day for local senior residents who filled the North End/ West End Neighborhood Service Center for a festive Mother's Day celebration with friends, center staff and elected officials.

Senior moms enjoyed a homemade brunch consisting of sausages, bacon, scrambled eggs, waffles, coffee and juice.

Party participants received a colorful plant as a favor to take

Robin Sidell and Dan Connolly from North Square Grill sponsored the plants and brunch.

Sen. Lydia Edwards, Reps. Aaron Michelwitz and Jay Livingstone and Counselor Gabriela "Gigi" Coletta also sponsored plants.

In addition, Strada 234 organize several other gifts for the seniors.



ABCD NE/WE NSC Acting Director Julia Power and ABCD Vice President, Field Operations and Legislative Affairs Josh

Trash (from pg. 1)

ty beautiful, don't litter!" in multiple languages.

The initiative seeks to amplify the efforts of various organizations that conduct regular community clean-ups across the district. Over the Spring and Summer, Councilor

Gabriela Coletta and her team will work on joining community cleanups across the district and collaborate with neighborhood groups to assign neighborhood captains to help with ongoing clean-ups.

### FOCCP President elected to 14th term

Friends of Christopher Columbus Park (FOCCP) at their annual meeting elected Joanne Hayes-Rines president of the very active neighborhood non-profit organization for a 14th term.

Joanne has been a member of FOCCP for 20 years and enjoys being involved with the many special events, activities and the many fun filled family programs that take place in the popular park throughout the year.

She likes to be involved in the key role FOCCP plays in the maintenance of the park, working with volunteers and the Boston Parks and Recreation Department that worked together to keep the park's gardens and the park clean

and beautiful for residents and tourists to enjoy all year long.

Joanne's inspiring energy and dedication has clearly been recognized by the community and her tireless efforts helping make the park a true extension of the neighborhood for everyone to visit and enjoy.

"Joining FOCCP was one of the smartest things I've ever done," she said. "From the beginning I made many wonderful friendships, which isn't easy to do when you are new in the city and don't have a dog or kids," she added.

"Thirteen years as president has flown by. It's inspiring to be part of an all-volunteer group of neighbors who work together to care for the gorgeous park used as a stage for events for neighbors and tourists having fun while doing it all," she said. It's clear Joanne cares about the park and the role it plays in the community.



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### OPINION BY PHIL ORLANDELLA

### **CUTILLO PARK** WILL SOON OPEN

After major renovations by the Boston Parks and Recreation Department, Cutillo Park will be opening soon for residents to once again have fun in the public park.

When the park is officially opened residents must play a key role in keeping the park clean, dog proof and void of any illegal activities that have occurred in the past.

While enjoying the park, residents need to be aware of what's happening in the facility. If problems occur that jeopardize the park in any way, shape or form, they should immediately report them to the proper authorities.

Residents should not take any action on their own, simply pick up the phone.

## Boston traffic advisory for May 24-28

Boston this week will bring some parking restrictions and street closures. People attending these events are encouraged to walk, bike, or take public transit. Information on Bluebikes, the regional bike share service, may be found on the Bluebikes website and information on the MBTA may be found online. The MBTA advises riders to purchase a round-trip rather than a one-way ticket for a faster return trip. Walking is also a great way to move around.

#### **BACK BAY/ DOWNTOWN/ SEAPORT**

Boston Police Department's "Run to Remember Road Race" -Sunday, May 28, 2023

The "Run to Remember Road Race" is actually two (2) races combined into one (1) event.

The first race to start at 7:00AM is a Half-Marathon, thirteen and one tenth miles (13.1 miles) with the second race, a five (5) mile race, also starting at 7:00 AM.

Both races start at the World Trade Center on Seaport Boulevard and will follow the same route until all runners reach the Longfellow Bridge area, where the Half Marathon will run over the bridge into Cambridge, return over the same bridge, and follow the same route as the five (5) mile race onto Charles Street, back to the starting location at the World Trade Center.

The actual 5-mile route is as follows: Seaport Boulevard, right onto Atlantic Avenue, left onto State Street, right onto Cambridge Street, left onto Charles Street,

Events happening in the City of right onto Beacon Street, left Arlington Street, right onto Commonwealth Avenue onto Outbound, left onto Berkeley Street, left onto Commonwealth Avenue Inbound, right onto Arlington Street, left onto Boylston Street, left onto Washington Street, right onto State Street, right onto Congress Street, left onto Atlantic Avenue, right onto Seaport Boulevard.

> Parking restrictions will be in place on the following streets and road closures should be anticipated to accommodate the runners:

- Beacon Street, Southside (Public Garden side), from Charles Street to Arlington Street
- Cambridge Street, Southside (even side), from Court Street to Charles Circle
- Court Street, Both sides, from State Street to Cambridge Street
- Seaport Boulevard, Both sides, from B Street to Atlantic Avenue
- State Street, Both sides, from Atlantic Avenue to Court Street

#### **WEST END**

Canal Street Pedestrian Way for Playoffs (Game 5)- Thursday, May 25, 2023

The Mayor's Office will be hosting a pedestrian-only event on Canal Street so fans can gather and celebrate in a car-free environment. This event will be repeated for both the Celtics as they progress through the playoffs. Parking restrictions and street closures will occur on the following street:

• Canal Street, Both sides, from Rip Valenti Way to Causeway Street.

SAFETY (from pg. 1)

is but every single neighborhood. We want to make sure our streets are safer for drivers, for cyclists, for pedestrians, and everyone who needs to get around," said Wu.

"Our streets should be a source of connection, not a threat to our safety, and we want to make sure that we're not rationing that safety in limited areas across the city following when major incidents and injuries happen, but we want to be proactive, preventive and really work with communities at a much broader scale and much more accelerated pace to make this happen."

In terms of speed humps - the initiative will lead to the construction of 10 speed hump zones per year. These speed humps can be driven over safely at 20-25 MPH. It should be noted that, per the city's website, major arteries and roads that carry an MBTA bus route will not be included in this portion of the initiative.

Residents can visit https://www. boston.gov/making-neighborhood-streets-safer to view which streets are on the docket to receive speed humps over the next three

As for the intersections portion of the Safety Surge - this component will make it so the city designs 25-30 non-signalized intersections per year.

Regarding intersections, Boston's Chief of Streets, Jascha Franklin-Hodge, said, "Each year, we will design safer intersections using street safety tools that will allow for better sightlines, slower speeds, clear crossings, and defined spaces for all."

These safety tools include things like curb extensions, pedestrian warning signs, and much more which can be found at https:// www.boston.gov/departments/ transportation/street-safety-tool-

Finally, the signals aspect of the initiative includes updates to the city's Traffic Signals Operations Design Policy.

These updates include an increase in the use of pedestrian head starts - meaning pedestrians will get the walk sign before drivers can proceed, an increase in no turn on red areas, and an increase

in the use of "auto recall," which gives pedestrians the walk sign automatically without hitting a

The city plans to update at least 50 intersections a year with these new updates to the Traffic Signals Operations Design Policy.

The city is also doing major corridor projects in areas the city's website says have a "history of excessive speeds and crashes that have resulted in death and injury." These areas include Blue Hill Avenue, Centre Street in West Roxbury, Cummins Highway in Mattapan, and Tremont Street in the South End.

"The streets we build must reflect our belief that everyone, regardless of their age or ability, should have the freedom to travel safely and without fear," said Franklin-Hodge.

"The City of Boston is putting that idea into action in asphalt, in concrete, in paint, in flex posts, and signs and signals as we work toward a future where no family ever has to experience tragedy or trauma on our streets.'

In terms of how the city is balancing safety and traffic - considering Boston's traffic was ranked the fourth worst in the entire world in 2022 by INRIX - a transportation analytics company - Wu said, "Traffic is one of Boston's biggest concerns."

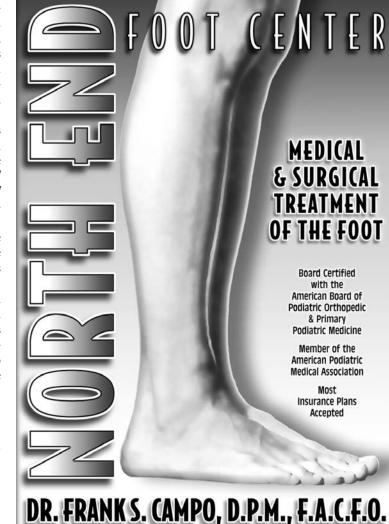
"We're building housing; we're investing in our schools; we're adding new jobs people have to be able to get around to where they need to go. As our city grows, it won't work if the only way you can get around is driving a car," she continued.

Wu alluded to the idea that the changes made through the new Safety Surge would make other forms of transportation more viable before saying there is also a need to continue pressuring the MBTA.

"It can't be an either-or conversation about whether people can reliably get to work or whether they can be protected and safe as they're walking around their communities. We need to do both; we know we can," said Wu.

For more information on the Safety Surge and all its components, you can visit https://www. boston.gov/transportation/safety-surge.

"I want to thank all of our residents across each and every neighborhood for your advocacy and looking forward to continuing that with the specific changes that we'll be making in the weeks to come," said Wu.



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**DINING** (from pg. 1)

mendations for consideration.

The Task Force is not a voting group, it will only make suggestions on the program's future

The eleven-member group consists of: Joe Bono, Gaetano Trotta, Mivan Spencer, Ted Kennedy,

Linda Riccio, Vincent Colafella, Cheryl Del Greco, Norma Reppucci, Rosina Fabbo, Darlene Romano and Stephen Passacantilli.

The first Task Force meeting took place on May 24 at City

The agenda included: intro-

duction of the group, establishing shared meeting norms, establishing the categories of concerns, reviewing transportation, schedule, quality of life and review and confirm a schedule for upcoming meetings for 2023.

## DITORIAL

### LET US REMEMBER THOSE WHO "GAVE THE LAST FULL MEASURE"

Although the Memorial Day weekend signifies the start of the summer season and is observed by families and friends who gather for barbecues and similar festivities, we should keep in mind that Memorial Day is our most solemn national holiday in which we remember those who gave their lives in defense of our country.

Their sacrifice in the many wars our nation has fought since our country's founding should serve as a reminder that freedom isn't free.

Although today we technically are at peace, the world feels anything but peaceful. Totalitarian adversaries either are wreaking havoc (Russia in Ukraine) or threatening to do so (No. Korea and China).

If the lessons of the past and present teach us anything, it is that we cannot take our freedom for granted. The same troops who at the present time are providing humanitarian and military aid in far-off places around the globe could be called upon to engage in a far different and far more dangerous mission at a moment's

We should keep in mind too, that the willingness of our military personnel to serve in defense of our country not only places them in harm's way, but also imposes great sacrifices upon their families.

This realization made us think back to the roots of Memorial Day, originally known as Decoration Day in the aftermath of the Civil War, with the proclamation by Gen. Logan on May 5, 1868, in which he declared:

"The 30th day of May, 1868, is designated for the purpose of strewing with flowers or otherwise decorating the graves of comrades who died in defense of their country during the late rebellion, and whose bodies now lie in almost every city, village, and hamlet churchyard in the land. In this observance no form or ceremony is prescribed, but posts and comrades will in their own way arrange such fitting services and testimonials of respect as circumstances may permit. Let us, then, at the time appointed, gather around their sacred remains and garland the passionless mounds above them with choicest flowers of springtime; let us raise above them the dear old flag they saved from dishonor; let us in this solemn presence renew our pledges to aid and assist those whom they have left among us as sacred charges upon the Nation's gratitude, the soldier's and sailor's widow and orphan."

In the aftermath of World War I, the term Supreme Sacrifice came into the national lexicon to describe those who gave their lives in that terrible conflict and has been associated with our wars for the past century.

However, prior to that time, President Abraham Lincoln coined a different phrase -- the "last full measure" -- in his speech at Gettysburg to honor the Union soldiers who fought and died to preserve the nation in that epic battle that turned back the Confederate Army.

Lincoln's brief oration rates as the greatest-ever testament to those who have given their lives in defense of their country. We never tire of reading his plain yet profound words, and as the years pass, they seem to take on new meaning. Similar to the state of the nation when Lincoln delivered his speech on November 19, 1863, at the official dedication of the Soldiers National Cemetery at Gettysburg, Pennsylvania, we are divided along lines that seem irreconcilable. Not only are we facing challenges to our democratic ideals abroad, but here at home as well.

We are printing the full text of the Gettysburg address in the hope that our readers draw as much inspiration from it as we do:

"Four score and seven years ago our fathers brought forth on this continent a new nation, conceived in liberty, and dedicated to the proposition that all men are created equal.

"Now we are engaged in a great civil war, testing whether that nation, or any nation, so conceived and so dedicated, can long endure.

"We are met on a great battle-field of that war. We have come to dedicate a portion of that field, as a final resting place for those who here gave their lives that that nation might live. It is altogether fitting and proper that we should do this.

"But, in a larger sense, we cannot dedicate, we cannot consecrate, we cannot hallow this ground. The brave men, living and dead, who struggled here, have consecrated it, far above our poor power to add or detract. The world will little note, nor long remember what we say here, but it can never forget what they did here. It is for us the living, rather, to be dedicated here to the unfinished work which they who fought here have thus far so nobly advanced. It is rather for us to be here dedicated to the great task remaining before us that from these honored dead we take increased devotion to that cause for which they gave the last full measure of devotion that we here highly resolve that these dead shall not have died in vain that this nation, under God, shall have a new birth of freedom and that government of the people, by the people, for the people, shall not perish from the earth."

We hope our readers appreciate the eternal truths of Lincoln's sentiments, which are as relevant today as they have been since the founding of our nation.

We wish all of our readers a happy Memorial Day weekend.

### GUEST OP-ED

### Reevaluate your church mission spending

Dr. Glenn Mollette

For fifty years of my life, I've been associated with churches that have given over four million dollars collectively to outside denominational endeavors.

The typical mainline denominational church/ parish will collect weekly offerings from their members. A percentage of this money each month is given to a state office. The state office will in turn keep a large percentage of the money for state denominational purposes. The rest of it will be sent to the national office. Some denominations have an international mission office and an American denominational office.

Local churches are always encouraged to give more of their weekly offerings to the state and national causes. The state and national entities employ people who do denominational work. They have full time salaries, medical insurance, retirement plans and usually newer model cars to drive. They need more money like most everyone else. Many churches will give ten and often as high as 25 percent of their general offering to these outside entities.

The denomination rewards the church by praising them. Patting them on the back. They will usually list the top 100 giving churches on their denominational website or state publication piece. They will work hard to enlist the pastor of the church to serve on state committees. This is done to make the pastor feel important and to keep their hand in the local church through the church's pastor. Executives from the denomination will come a couple of times a year to visit the church and praise them for their generosity. This usually is about the summation of what the local church gets back from their sacrificial 10 to 25% percent giving.

In far too many cases the local church deprives itself of needed money to fund their own local needs. The local minister often has to scrape to get by while the church is mailing a big check to the denominational hierarchy.

I've been a strong advocate of International and state missions most of my life. However, I'm tired of seeing so many small churches do without while the state and national entities regardless of the denomination, do and have more.

If your church has been mailing 15 percent of its money down to the state office every month then why not keep eight percent of that to do local mission work in your neighborhood? Will the state or national office come to your town and help the homeless? Are they in your town helping unwed mothers and ministering to pregnant teenagers? Are they supporting the local halfway house for drug addicts and safe house for abuse victims? Are they going door to door in your neighborhood telling people about God's love? Too many churches rationalize, "We are doing mission work by sending our money to the state office."

Churches should use more of their mission money at home. Your local area has needs. Jesus gave The Great Commission to go into the world but too often we miss what is right in our face. I'm for supporting mission work around the world but your greatest mission work is in your neighborhood.

Glenn Mollette is the publisher of Newburgh Press, Liberty Torch and various other publishing imprints; a national columnist - American Issues and Common Sense opinions, analysis, stories and features appear each week In over 500 newspapers, websites and blogs across the United States.

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### NEAA LAUNCHES INAUGURAL LACROSSE PROGRAM

By Phil Orlandella

After two weeks of rainouts, the North End Atlantic Association's inaugural season of Lacrosse finally took place under the directions of David Paolisso.

He along with his wife Alissa and a few other volunteers have been planning non-stop through the winter months to put together a North End and surrounding neighborhood, boys and girls 4-10-year-old Lacrosse program.

"The NEAA is excited to have Lacrosse added to the many other programs being run on the beautiful new Puopolo Park," John Romano said.

The program will run for six weeks on Sundays.

"David and his team have made it possible for the kids to be able to enjoy a new sport in the community and the NEAA is happy to assist," Romano said.













### CITY PAWS

### Dog friendly or not

By Penny & Ed Cherubino

In a report by Forbes Advisor, Boston recently received the dubious distinction of being the 5th least pet-friendly city in the country. Sadly, we agreed with this shameful distinction, so we set off to learn more about what makes a place dog-friendly. As we did, things began to change in Boston.

On May 4th, Universal Hub reported that Boston Mayor Michelle Wu had opened the door to allowing dogs in beer gardens and outdoor seating areas. Universal Hub's Adam Gaffin explained, "Restaurants that want to let human/dog combos enjoy nice days dining and drinking outdoors can now apply for a 'Dog Friendly Space' permit from ISD."

Provincetown was one of the first places where we enjoyed knowing we were not breaking the law by having our dog sit on a restaurant patio with us. The rules outlined by the city are very similar to the sensible ones Provincetown has had in place for years.

### What Else Makes a Place Pet-Friendly?

Several factors pushed Boston to its 5th least pet-friendly city rating. One metric used to rate cities was the cost of veterinary care. This area has a very high cost of living, including all aspects of pet care. The rating also included

access to veterinary care. With the number of new veterinary resources opening in recent months, that should improve.

Housing available to families with pets is a significant issue in Massachusetts. Last year Newsweek reported that while 46.3% of rental properties will allow cats, only 25% allow small dogs, and only 12% will rent to families with big dogs.

The survey also considered the number of dog parks per 100,000 people and the number of pet businesses. While our state has a fantastic array of parks and green spaces, a high percentage of those places prohibit dogs.

Other surveys on this topic included factors like an area's walkability, the number of dog-friendly restaurants with outside seating, dog-friendly shopping centers, the number of pet-friendly visitor accommodations, and even the number of days of precipitation per year.

#### Advocate for Change

There are things we can do to change the pet-friendly status of our local area. First and foremost, we must be responsible pet guardians who make good neighbors, great tenants, and positive examples in public.

See that your pet is licensed, vaccinated, trained, leashed when



In pet-friendly Provincetown, it's easy to find rental properties to share with our dog Poppy.

required, and under your control. If you disagree with a rule, work to change it rather than disobey it. Think beyond yourself and your dog when you advocate. Consider those people with dogs who are not as well-behaved and friendly as yours. Think about people who are afraid of dogs or have little or no positive canine experience.

Tell local officials you prioritize time with your dog over other

forms of recreation. Penny once took a Boston City Councilor on a dog walk with her. She handed him the bag she had used to pick up after our dog and asked him to find a place to dispose of it. He quickly learned why she kept asking for more trash receptacles.

Ask for the changes you would like in local and state regulations: allowing dogs in outdoor seating areas of restaurants, opening more parks and green spaces to dogs, and setting aside sites at beaches, in state parks, and on hiking trails for people with dogs. As we've seen in Boston, advocates can and do bring about change!

Do you have a question or topic for City Paws? Send an email to Penny@BostonZest.com with your request.

### ABCD's free tax assistance yields \$5.4 million in state and federal refunds

Action for Boston Community Development (ABCD) recently closed out the 2023 tax season having helped 3,103 residents complete their state and federal tax returns, resulting in \$5.4 million in federal and state refunds combined, and \$498,691 in Child Tax Credits (CTC). There were nearly 500 Earned Income Tax Credits (EITC) eligible returns, 16% of the total number of returns completed.

In January, ABCD IRS-certified tax preparers began preparing and electronically submitting returns through in-person appointments and document drop off. ABCD provided free tax assistance at 11 of ABCD;s neighborhood sites and at two satellite sites for Boston and Mystic Valley residents who earned \$60,000 or less in 2022.

"ABCD is proud to be a longstanding partner with the Internal Revenue Service Volunteer Income Tax Assistance (VITA) program and the Boston Tax Help Coalition," said ABCD President and CEO Sharon Scott-Chandler. "Free tax preparation services help empower people who are struggling by providing the necessary IRS-certified tax experts to complete their returns, ensuring that Greater Boston residents obtain every tax credit to which they are entitled. The economic infusion channels dollars back to hardworking families and revitalizes businesses in under-resourced neighborhoods."

For late filers, two ABCD sites are still open for tax prep – the Mattapan Family Service Center and the South End Neighborhood Service Center. Residents can call 617-348-6329 to schedule tax appointments at those sites. Those who may qualify for free tax preparation services include:

People who earned \$60,000 or less in 2022

People with disabilities

Limited English-speaking taxpayers

ABCD is a co-founder of the Boston Tax Help Coalition, a public-private collaboration with the City of Boston, and other non-profits which seek to ensure the full participation of all Boston residents in the City's economic vitality and future. In addition, ABCD is a member of the Massachusetts Association for Community Action (MASSCAP) Volunteer Income Tax Assistance (VITA) network and also offers free tax preparation services in the Mystic Valley Area. Both the Boston and Mystic Valley coalitions fall under the federal VITA program.

A nonprofit human services community action organization, ABCD provides underserved residents of Boston and the Mystic Valley area, with the tools, support and resources they need to transition from poverty to stability and from stability to success. Each year, the organization serves more than 100,000 individuals, elders and families through a broad range of innovative initiatives as well as long-established, proven programs and services. For 60 years, ABCD has been deeply rooted in every neighborhood and

community served, empowering individuals and families and supporting them in their quest to

live with dignity and achieve their highest potential. For more, please visit bostonabcd.org.



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### A SOCIAL EVENING WITH THE FRIENDS OF CHRISTOPHER COLUMBUS PARK

By Tricia Sabbey

On Wednesday evening, May 17, the Friends of Christopher Columbus Park invited the community to a Membership Social at Tia's adjacent to the Park. About a hundred twenty-five people came out on a very chilly evening to join in the festivities. MaryGaye Grizwin, Membership and Social Committee Chair, echoing the 'Spark in the Park' theme of the evening welcomed everyone and thanked members, sponsors, and volunteers for being the sparks of energy that all together create such a vibrant and welcoming Park. Joanne Hayes-Rines, FOCCP President, thanked the attendees and conducted the highly anticipated raffle which consisted of items generously donated by the following sponsors: Brix Wine Shop, Golden Goose, Pasta Beach, House of Colour, and Joe's Waterfront. Joyce and Jim Morgan who had planned to leave earlier but stayed for the raffle, lucky decision, won the top prize, a one night stay at the Marriott Long Wharf including breakfast worth \$500.

The highlight of the evening was Horticulture Co-Chair Robyn Reed's farewell tribute to Meredith



Robyn Reed farewell speech to Meredith Piscitelli.

Piscitelli, a fifteen year member of FOCCP, who is moving away. As Robyn noted, Meredith wears so many hats in her volunteer work with FOCCP that it's hard to keep count

\* If you walk through the Park and see the constantly updated, creative, and colorful bulletin board, that's Meredith's doing.

\* She loves taking photos in

the Park especially of engagements and weddings and posts these on the FOCCP Facebook page that she manages.

\* If an event is coming up and dozens of posters need to be distributed, she is in her car from Charlestown to the Seaport delivering posters to hotels and condo buildings.

\* If you've seen the colorful display of 200 pots of daffodils under the trellis as a reminder of Boston Strong on Patriot's Day weekend, Meredith has organized the whole project from start to finish.

Meredith's enthusiasm, dedication, and friendship will be greatly missed. FOCCP members are trying to find three or four people to fill her shoes!

All in all the FOCCP Membership Social was a resounding success. Information about FOCCP including the option to become a member can be found at foccp.org.

### Mammograms Save Lives.

All women over 40 should have a mammogram once a year. Breast cancer found early offers the best chance to be cured. Free or low cost mammograms are available.

For more information and answers to any of your cancer questions, contact us any time, day or night.

www.cancer.org 1.800.ACS.2345





MaryGaye Grizwin is the membership and social committee chair.



Joanne Hayes-Rines at the raffle table.



Joanne Hayes-Rines welcomes everyone.



### Public urged to report shark sightings

Special to the Regional Review

After a 12-foot white shark was spotted off Cape Cod over the weekend, New England Aquarium scientists are urging the public to report shark sightings and be aware of their surroundings as the holiday weekend approaches.

The shark was seen feeding on a seal off of Provincetown, MA, on Saturday. This is the time of year that scientists expect to see white sharks returning to the inshore waters off of Massachusetts, where the animals hunt seals into the fall months.

"Though white shark bites on humans are rare, the sighting serves as a reminder to beachgoers and boaters to be mindful of the presence of these ocean animals," said John Chisholm, adjunct scientist in the New England Aquarium's Anderson Cabot Center for Ocean Life. "It's important to be aware of sharks' presence in shallow waters, to avoid areas where seals are present or schools of fish are visible, and to stay close to shore

where rescuers can reach you if needed."

As part of a partnership between the New England Aquarium and Atlantic White Shark Conservancy, Chisholm serves as the Citizen Science Coordinator for the Conservancy, documenting accounts of sharkseal interactions and verifying shark sighting reports made by the public through the Sharktivity app. Sharktivity provides information and push notifications on white shark sightings, detections, and movements to raise awareness and help people and sharks co-exist. The app sightings are input by researchers, safety officials, and others who upload photos and video, essentially crowdsourcing critical data on where sharks are

"There is a real public concern around beach safety, and we recognize the need to respond to that," said Nick Whitney, senior scientist at the Aquarium and chair of the Anderson Cabot Center's Fisheries Science and Emerging Technologies program. "That's

BESHARK SMART
Great white sharks frequent these waters.

In emergencies CALL 911

Know your risk when entering the water.

Download the Sharktivity App to receive alerts and report sightings.
For more info and to view the latest research, visit: www.atlanticwhiteshark.org

why we're excited to continue this partnership with the Conservancy to help provide accurate, timely information on shark sightings in the region."

The New England Aquarium has a team of nine scientists who

study shark species, from porbeagles and nurse sharks to sandbar and sand tiger sharks. Many shark species reside in Massachusetts waters. Aquarium researchers' work focuses on monitoring of these animals using innovative tagging technologies including satellite, acoustic, accelerometer, and camera tags to track the sharks' habitat use, life history, and impacts of bycatch during commercial and recreational fishing activities.

### As Memorial Day fast approaches, NFPA offers grilling safety tips to help reduce fires, injuries

Often considered the unofficial kick-off to summer, Memorial Day weekend is synonymous with outdoor celebrations and cookouts. With the holiday just around the corner and the warmer months upon us, the National Fire Protection Association® (NFPA®) is working to ensure that people understand where potential grilling risks exist and ways to minimize them.

"Because outdoor grilling involves the use of a fuel source to generate an open flame, it inherently presents potential fire risks that needs to be taken seriously," said Lorraine Carli, vice president of Outreach and Advocacy at NFPA.

NFPA data shows that between 2017 and 2021, U.S. fire departments responded to an annual average of 11,421 home fires involving grills, hibachis, or barbecues, including 5,763 structure fires and 5,659 outside or unclassified fires. These fires caused an annual average of two civilian deaths, 176 reported civilian injuries, and \$172 million in direct property damage. July was the leading month for grilling fires (16 percent), followed by June (14 percent), May (12 percent) and August (11 percent); grilling fires in November through February accounted for 4 percent or less each year.

According to the U.S. Consumer

Product Safety Commission (CPSC), for the same fire-year period, an annual average of 22,155 patients went to emergency rooms because of injuries involving grills. Nearly half (47 percent) of the injuries were thermal burns, including both burns from fire and from contact with hot objects. These burns typically occurred when someone, often a child, bumped into, touched or fell on the grill, grill part or hot coals. In fact, children under five accounted for an average of 2,820 of the contact-type burns (46 percent) per year.

"These numbers reinforce that grilling fires can and do happen. However, there's no need to avoid

grilling during Memorial Day or in the months ahead," said Carli. "Instead, by following simple safety precautions, people can greatly reduce the risk of experiencing a grilling fire."

NFPA offers a wealth of tips, recommendations, and resources for grilling safely, including these key messages:

- For propane grills, check the gas tank for leaks before use in the months ahead. (Watch NFPA's video on how to check for leaks.)
- Keep your grill clean by removing grease or fat buildup from the grills and in trays below the grill.
- Place the grill well away from the home, deck railings, and out

from under eaves and overhanging branches.

- Always make sure your gas grill lid is open before lighting it.
- Keep children and pets at least three feet away from the grilling area.
- If you use starter fluid when charcoal grilling, only use charcoal starter fluid. Never add charcoal fluid or any other flammable liquids to the fire. When you have or are finished grilling, let the coals cool completely before disposing in a metal container.
- Never leave your grill unattended when in use.

## SEND US YOUR NEWS

The North End Regional Review encourages residents to submit birth and engagement announcements, news releases, business briefs, honor rolls, social news, sports stories, and photographs for publication.

Items should be forwarded to our offices at 385 Broadway, Citizens Bank Building, Revere, MA 02151.

Items can also be faxed to 781-485-1403. The Independent also encourages readers to e-mail news releases

to editor@reverejournal.com. The North End Regional Review assumes no financial responsibility for typo-

graphical errors in advertisements, but will reprint that part of the advertisement in which the error occurs.

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#### **COMMENTARY**

### The City won't be able to ever solve its rat problem until it changes the garbage pickup schedule

Editors note: The rat problem, not only affects the Beacon Hill area, but many of the neighborhoods in Boston including the North End. This is one opinion that may alleviate the problem.

By Rob Whitney

I have lived on Beacon Hill since 1985, and I have been living with Beacon Hill's rat problem ever since moving here - and it's getting worse! An Axios report in December 2022 cited Boston as the "rattiest" city in the nation, according to 2021 American Housing Survey data that ranked metro regions by the number of rodent sightings inside homes. With 21.6% of respondents reporting rodent sightings, Boston beats Philadelphia's 19.5% and New York City's measly 15.3%. According to WBUR, cities in the Boston region and across the northeast have recently been facing a worsening rat prob-WBUR recently reported that in the City of Boston, rat and rodent complaints increased by 48% from 2019 to 2021.

Boston City Council President Ed Flynn has described rat infestations in his district, which included part of the North Slope of Beacon Hill, as the issue he's likely focused on the most since joining the City Council some six years ago. Former City Councilor Kenzie Bok, who until recently represented Beacon Hill and is a Beacon Hill resident, has described the city's rat problem as "a critical public health issue." Councilor Bok also noted that the problem is exacerbated by a couple of factors, including the fact that in parts of the city like Beacon Hill, there isn't adequate room for large trash barrels to be left on the sidewalk or inside homes, and as such, they can't be used to store resident's garbage overnight. Instead, plastic garbage



Robert A. Whitney.

bags must be used.

Another factor in the Boston's exploding rat problem is that since the City changed the garbage pickup time in the summer of 2019, from 7 a.m. to 6 a.m. on garbage pickup days, Beacon Hill residents now mostly put their garbage out the night before the pickup day, with the garbage sitting out overnight, thereby effectively feeding Beacon Hill's rats. In 2019, when the City announced that it was changing the garbage pickup time to 6 a.m. from 7 a.m., and that it was entering a five-year, \$28 million contract with East Boston-based Capitol Waste Services, effective, July 1, 2019, it represented that the garbage hauler was "contractually bound" to begin garbage pickups at 6am on Beacon

On Beacon Hill, a Town Hall sponsored by the Beacon Hill Civic Association ("BHCA") was held in June 2019, at which Beacon Hill residents came together and heard from City officials about the proposed change in garbage pickup times. Almost unanimously, Beacon Hill residents at that meeting opposed the change to an earlier garbage pickup time, stating that the earlier pickup time would likely compel Beacon Hill residents

to put out their garbage the night before, so as to not have to get up before 6am on pickup days to put out their garbage bags. And in fact, this has occurred exactly as was predicted – more garbage is now being put out the night before garbage pickup day than ever before. Even before 2019, when the garbage pickup time began at 7am on pickup days on Beacon Hill, many residents put out their garbage the night before, thereby effectively feeding Beacon Hill's rat population overnight twice a week.

The BHCA spent many years before the summer of 2019 educating the Beacon Hill neighborhood that garbage should not be put out the night before pickup day because of the rat problem and encouraging residents to instead get up early on garbage pickup day before 7am and put out their garbage at that time. The education campaign was very successful, with many residents forgoing putting out their garbage the night before pickup day! But when the City changed the garbage pickup time from 7am to 6am in July 2019, all the many years of educational effort fell to the wayside, and many residents went back to putting out their garbage the evening before pickup day. For many residents, getting up before 6am on pickup day to put out their garbage was just too inconvenient.

New York City has had similar and increasing problems with its plastic garbage bags being left out overnight and thereby becoming an easy and reliable food source for its own large population of rats. According to NBC News, New York City health inspectors documented about 60,000 instances of rodent activity in the 2022, compared to about 30,000 rodent citations in 2021. New York's Mayor Adams, in late 2022, signed a legislative package aimed at eradicat-

ing rats in New York City, which included a provision to significantly reduce the number of hours plastic garbage bags are allowed to remain on public sidewalks at night before pickup.

At a hearing held at Boston City Council on April 11, 2023, on the rat issues in Boston's own neighborhoods, Councilor Bok noted that leaving thin plastic bags of garbage out overnight on Beacon Hill, which is the status quo in that neighborhood, isn't a workable solution to the neighborhood's problem with rats. Instead, Councilor Bok recommended scheduling garbage pickup for late morning on pickup days so that residents wouldn't have any excuse for putting out their garbage the night before. Councilor Bok was correct - the only real solution to the rat problem is to deprive the Beacon Hill neighborhood's rats of their overnight food supply.

Beacon Hill and other City neighborhoods have tried other potential solutions, including the use of folding fabric "barrels" in which to place plastic garbage bags overnight, but this turned out not to be a realistic solution: many of the fabric barrels were stolen or damaged, and rats could still easily gain access to the garbage bags placed in the lidless barrels. John Ulrich, Assistant Commissioner in the City's Environmental Services Department, who heads the rodent control operation in Boston, has noted in testimony before the Boston City Council that rat activity in the City's neighborhoods is based on three things: "food, water, and shelter, which are typically easy for rodents to find in Boston because of its density." Assistant Commissioner Ulrich's comments are deadon correct: unless the rat population's food supply is eliminated, the rat problem will never get under control in our neighborhoods.

Instead, the only solution that will actually work is to get the plastic garbage bags off the streets overnight in Beacon Hill and Boston generally. And the only way to accomplish this goal is to have a later pick up time on garbage collection days so that residents have time to put out their garbage bags on our sidewalks in the daylight hours of the morning just before pickup begins. Beacon Hill residents support this change. In 2021, the BHCA took a poll of Beacon Hill residents asking them about changing the garbage pickup time to help alleviate the rat problem. Over 85% of Beacon Hill residents polled supported the idea of having later pickup time in the morning on garbage and recycling days, thereby reducing the amount of garbage put out the night before and reducing the food supply available for rats on Beacon Hill.

Therefore, the City of Boston's next garbage hauling contract should include the requirement that garbage collection on Beacon Hill and other City neighborhoods that utilize plastic garbage bags cannot begin until 9:00am at the earliest on garbage pickup days. In addition, it should not be permissible for City residents to put out their plastic garbage bags the night before pickup days, and instead, garbage bags should only be allowed to be put out on the sidewalk during daylight hours immediately prior to 9:00am on garbage pickup days. If we make these simple changes, our City neighborhoods, including Beacon Hill, will at least have a fighting chance in their epic battle against the rats.

Rob Whitney, is an attorney and lives on Phillips Street on Beacon Hill with his family. He is the former Chair of the Beacon Hill Civic Association.

## Installation of Gateway to Infinity by Artist Maria Molteni

The Greenway Conservancy is excited to announce that Boston-based interdisciplinary artist Maria Molteni (they/them) will begin painting a large-scale, vibrant groundwork near the Greenway Carousel on Thursday, May 25.

Stretching 40 feet in diameter, Gateway to Infinity (An Antimonument) explores site-specific histories and collective rebirth.

The mural's central motif is the triskelion, a tri-cornered symbol that the artist describes as an "anti-monument." Located between Christopher Columbus Park and Faneuil Hall, the mural is an invitation for audiences to reflect upon and engage with these sites' histories and legacies, consider non-dominant narratives of place and public memory, and to find personal connections with

their own histories. As with many of Molteni's vibrant and massive works featuring abstract symbols anchored in the land, sea, sky and celestial beings, Gateway to Infinity creates a colorful, multifaceted labyrinth and space for processing, releasing, and healing.

Molteni and their crew will be at work on the piece over the course of the next month. Stay tuned to our social media accounts for updates and to follow along with the process!

This summer, Gateway to Infinity will be accompanied and activated by a walking meditation, a collaborative video and public performance, and a publication Molteni created with non-binary Italian American collaborators Vin Caponigro (they/them), Laura Campagna (she/they), and Ash Capachione (they/them), which

will be accessible by smartphone.

The Greenway Public Art Program is exclusively funded through grants and private sources, including the generous support of The Barr Foundationand Goulston & Storrs. Gateway to Infinity (An Anti-monument) was made possible in part with additional support from the Massachusetts Cultural Council and Yotel.

### Wu announces inaugural list of Legacy Business awardees

Mayor Michelle Wu last week announced the inaugural list of Legacy Business awardees, a group of 30 businesses including Caffe Dello Sport of the North End that represent the rich diversity and cultural fabric of all Boston neighborhoods. This program - the most expansive in the country - was developed by the Office of Small Business within the Economic Opportunity and Inclusion Cabinet and will support awardees through increased visibility and connecting them with City services. This new program will provide targeted technical assistance with a focus on succession planning, growth, business updates, and employee ownership. Businesses will also receive a commercial lease toolkit, legal consultation and other resources from City of Boston partners.

"Our legacy businesses are pillars in our communities and expand opportunity for our residents and families across Boston," said Mayor Michelle Wu. "I'm thrilled that we get to honor these staple businesses who invest and uplift our communities. Congratulations to our thirty newly selected legacy businesses and we look forward to being able to support these foundational businesses across Boston's neighborhoods for years to come."

"These small businesses are an integral part of their neighborhoods, and they not only provide indispensable services to our communities, but they also help to make our city vibrant," said Council President Ed Flynn. "I'm happy to see that longstanding businesses in District 2 are being recognized, including ones in Downtown, Chinatown, South Boston, and the South End. Congratulations to all the awardees, let's continue to support our wonderful neighborhood businesses."

"I am grateful for Mayor Wu's unwavering commitment to supporting and preserving legacy businesses throughout the City of Boston," said Councilor Brian Worrell, Chair of the Committee on Small Business and Professional Licensure. "The Legacy Business Program provides vital support to these businesses, helping to ensure their continued success for generations to come. By recognizing the importance of these businesses and providing them with the resources they need to thrive, we can maintain the cultural fabric and unique character of our neighborhoods."

Legacy businesses are longstanding, independent enterprises that make a strong contribution to residents, communities and neighborhoods across Boston. They are cultural anchors and repositories of community traditions and stories. These iconic businesses have helped define Boston as an innovative, family friendly and world-renowned city. By recognizing these businesses on an annual basis, this program will help to further Mayor Wu's vision of a family-friendly city that ensures each neighborhood is a vibrant destination for all to visit and support.

"We were proud to fulfill Mayor Wu's pledge to recognize and honor those businesses that continue to make our neighborhoods the cultural jewels they are today," said Segun Idowu, Chief of Economic Opportunity and Inclusion. "Due to the work of our Small Business team, residents will be able to come together every year to celebrate the achievements of these local community institutions, and the City will be able to provide needed resources to ensure they remain for generations to come."

"The response was tremendous, and this has truly been a community driven process, which is part of the beauty of it," said Aliesha Porcena, Director of Small Business, "Boston residents submitted over 1,400 nominations, and we are so happy to acknowledge the group of inaugural businesses this month. Our office is supports small businesses to start, grow, and stay in Boston. This inaugural cohort represents 30 businesses that are staples in our communities, and part of our rich history- it's an honor to celebrate these businesses who have given our city and communities so much. We are committed to provide continued support and services to these businesses".

"El Oriental de Cuba has been a favorite family owned restaurant for the past 30 years, and it is an honor to be recognized by the City of Boston," said Yvonne Torres, owner of El Oriental de Cuba. "Receiving the Business Legacy award not only acknowledges the restaurant itself, but the incredible community of Jamaica Plain that has kept this restaurant alive during and after the pandemic. My father Nobel Garcia and late owner, well known and loved by everyone, would have been extremely proud to see his restaurant be recognized as a legacy institution."

To qualify for the Legacy Business program, businesses must have:

• Operated for at least 10 years in the same location within the

City of Bostor

- Contributed to the cultural, historical, and societal assets of Boston's community or neighborhood.
- A plan to maintain its business in the City.

The process of identifying the 30 Legacy Businesses included nominations from the public, review by the City Council, and selection by a committee that included representatives from City departments, and Main Streets organizations. Selections were based on application scoring and community support. The committee ensured that the list was representative of Boston by industry, neighborhood, gender, and race.

"Ron's has been a part of life in Hyde Park going back decades. As a kid I bowled and attended birthday parties there. They hosted visits for us as school kids demonstrating the ice cream making process. The Covitz family are generous and contribute to local programs. Their ice cream is amazing. I am always proud to bring friends and visitors to try some," said Lauren Firnstein, Boston resident.

"'Liz's Hair Care embodies black excellence & legacy. Owned and operated by Liz, a black woman from Boston, LHC has been in business for over 20 years and Liz has over 30 years of hair experience. She empowers POC to look and feel their best by making them look beautiful, offering hair care tips, and giving them the advice needed to excel. Her salon is perfect for the new professional or the college student looking to nail that interview. She is committed to teaching new stylists and leaving a positive mark on their future of hair care. She is kind, funny and always willing to go out of her way for her customers! Her historical shop will leave a lasting mark on Boston history!" said Ashley Jackson, Boston resident.

"Neighborhood businesses have contributed to the fabric of our city's culture and represent the diverse people who live in our city," said Brianna Millor, Chief of Community Engagement. "Congratulations to all of the Legacy Business Program Winners!"

In addition to the Legacy Business Awards and related programmatic support, the Office of Economic Opportunity and Inclusion has committed \$1 Million in grant funding to be awarded to a non-profit organization to help support long-standing small businesses in the City of

### **OBITUARIES**

### Carmen A. Ventola

July 16, 1932 - May 18, 2023

Carmen A. (Cowboy) Ventola, Sr., of Boston's North End, passed away peacefully on Thursday, May 18, 2023 at age 90. Born in Boston to the late Antonio and Marianna (DeMarco) Ventola. He was the beloved father of Carmen A. Ventola, Ir. of Winchester and Steven Ventola and his wife Tara of Everett. Cherished grandfather of Christopher Ventola of Woburn. Dear brother of Marie Hynes of NH, and the late Carmela Corrente, Angelo Ventola, Armando Ventola, Dante Ventola, Yolanda Gandolfo and Margaret Ferullo. Also survived by many loving nieces, nephews and great-nieces and nephews. Carmen loved music and had a passion for singing. He enjoyed trips to the casino and eating out with his sons. Without question, Carmen was his happiest when he was with family and friends. He will be greatly missed. Visiting hours will be at the Paul Buonfiglio & Sons-Bruno Funeral



Home, 128 Revere Street, Revere on Tuesday, May 23, 2023 from 9:00 – 10:30 am. Followed by a Funeral Mass in St Anthony's Church, 250 Revere Street, Revere at 11:00 am. Relatives and friends are kindly invited. Interment will be in Holy Cross Cemetery. To share a memory or to leave a message for the family please visit our guestbook at www.Buonfiglio.

To place a memoriam in the North End Regional Review, please call 781-485-0588

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### Fresh and Local

## Eating with your hands

By Penny & Ed Cherubino

It's the time of year when you'll have more opportunities to eat with your hands. Picnic,

cookout and beachside foods lend themselves to indulging in hand-to-mouth and finger-licking enjoyment.

There are some foods that most people feel comfortable eating with their hands. We can't imagine eating hot dogs, tacos, whole artichokes, hamburgers, most sandwiches, pizza, fried chicken, oysters, ribs, corn on the cob, or a slice of watermelon with a knife and fork.

We've added more items to this list as dining has become more casual. Penny loves to eat fish and chips or fried seafood by hand. Since she can do it at a clam shack, she gives herself the okay to do it at a favorite pub. If she plans to share her plate with tablemates, she'll share it before treating it as finger food.

Many of us need help deciding if sopping up every last spec of a delightful sauce with a piece of bread is allowed. Ed gives every reader permission to ask for a slice of bread to clean their plate. If the chef went to the trouble of making a masterful sauce, they



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invites you to attend

**Virtual Public Information Meetings** 

#### **Sumner Tunnel Restoration Project**

Wednesday, May 24

virtualmeeting.link/Sumner-May24 6:00 p.m. - 7:30 p.m.

Thursday, May 25

virtualmeeting.link/Sumner-May25 6:00 p.m. - 7:30 p.m.

The Massachusetts Department of Transportation is hosting two virtual public information meetings to update the public on the first of two full closures of the Sumner Tunnel. The first closure will take place from July 5, 2023 to . August 31, 2023. The second closure will take place next summer from July 2024 to August 2024

These meetings will discuss project goals, construction activities and travel options for the public during the closure. All residents, abutters, local business owners, and interested commuters are invited to attend. Meeting attendees will have the opportunity to ask questions and offer comments. Both meetings will provide the same information. Holding two meetings is an effort by MassDOT to accommodate everyone's schedules as best possible. Spanish and Arabic interpretation will be available at both meetings

Prior to the meetings, if you have specific questions or concerns for the project team, please email us at:

Note: This meeting is accessible to people with disabilities. MassDOT provides reasonable accommodations and/or language assistance free of charge upon request (e.g. interpreters in American Sign Language and languages other than English, live captioning, videos, assistive listening devices and alternate material formats) opriate. For accommodation or language assistance, please contact MassDOT's Chief Diversity & Civil Rights Officer by phone at (857) 368-8580, Relay Service at 7-1-1, fax (857) 368-0602 or by email to MASSDOT.CivilRights@dot.state.ma.us. Requests should be made as soon as possible prior to the meeting, and for more difficult to arrange services including sign-language, CART or language translation or interpretation requests should be made at least ten business days before the meeting

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Si necesita información en otro lenguaje, favor contactar al especialista de MassDOT del Título VI al 857-368-

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如果需要使用其它語言了解信息 請職系馬藤諸塞州交通部 (MassDOT) 《民權法》第六章惠職人員 雷話 857-368-8580



Ribs are one of many foods best eaten with your hands.

would want you to enjoy all of it. Naturally, we don't want to add to food waste or increase restaurant costs. Perhaps the waitstaff could mention that a bit of bread is optional when they serve a dish with a sauce that might require mopping.

#### For Some, It's the Norm

For other cultures, bread is their utensil of choice. In a New York Times article on this topic, cookbook author and cooking teacher Julie Shani described her struggle to learn to eat with utensils. She grew up in India, where the norm was eating with her right hand. She explained, "Eating with the hands evokes great emotion." She continued, "It kindles something very warm and gentle and caressing. Using a fork is unthinkable in traditional Indian eating."

In Northern Thailand, sticky

rice is used to gather other foods for delivery to the mouth. Thai people seldom use chopsticks unless they are dealing with noodles. Here, the tradition when not eating with your hand is to use a fork to arrange food on a spoon.

#### There Are Traditions

In many cultures where eating with your hands is correct etiquette, there are guidelines for behavior. Almost universally, the right hand is used to eat. In some cases, only the thumb and index fingers of the right hand. The left hand is used for other purposes and is considered unclean.

While you may have washed your hands at a sink and tap before approaching the table, your host may bring a jug of water and basin to each person for a public rinse. This is more about honoring tradition than hygienic but rest assured that the hands of those around you are clean.

In some cultures feeding others by hand is a sign of caring or respect. Elders may feed children. The best morsel on a communal plate may be offered to an honored guest.

As Jonathan Swift wrote in 1738, "They say fingers were made before forks, and hands before knives." We bet you have food you eat with your hands at home or with those close to you that you'd never eat with your hands in public. As we researched this column, we found this topic to be a great conversation starter. So what do you secretly eat with your hands?

Do you have a question or topic for Fresh & Local? Send an email to Penny@BostonZest.com with your suggestion.

### **LEGAL NOTICES**

#### **LEGAL NOTICE**

COMMONWEALTH OF MASSACHUSETTS THE TRIAL COURT PROBATE AND FAMILY

Suffolk Probate **And Family Court** 24 New Chardon St. Boston, MA 02114 DIVORCE SUMMONS BY PUBLICATION AND MAILING

SU23D0744DR Barbara Lomax Plaintiff Trent Harvey Defendant To the Defendant: The Plaintiff has filed a Complaint for Divorce requesting that the Court grant a divorce for Irretrievable Breakdown.

**DOCKET NUMBER:** 

The Complaint is on file at the

As Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of either party. SEE Supplemental Probate Court Rule 411. You are hereby summoned and

required to serve upon: Kate Barry, Esq. Greater Boston Legal Services 197 Friend St. Boston, MA 02114, your answer, if any, on or before 07/20/2023 . If you fail to do so, the court will proceed to the

hearing and adjudication of this action. You are also required to file a copy of your answer, if any, in the office of the Register of this Court at 24 New Chardon St., Boston, MA 02114. Witness, Hon. Brian J. Dunn, First Justice of this Court. Date: May 03, 2023 Vincent Procopio Register of Probate

5/25/23

**TO PLACE YOUR AD CALL 781-485-0588**