



THE NORTH END

REGIONAL REVIEW

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FALL FESTIVAL AT COLUMBUS PARK



Courtesy photos

Pictured, (above and below) another family-fun Fall Festival was held at Christopher Columbus Park on October 15. Hosted by the Friends of the Park, the event attracted many local residents and others to the successful neighborhood event, with children singing and dancing with a minion and Curious George. Adding to the fun was a magic show, storytelling, face painting, October themed crafts, a reptile circus, kid size lawn games and an amazing display of giant bubbles. The extremely popular annual event was accomplished under the direction and leadership of FOCCP member Ann Babbitt and a team of volunteers.



NEWNC supports North St. proposal with conditions

By Phil Orlandella

For a second time, a request by Sal Lupoli to convert the former Traffic Tunnel Administration Building at 128-134 North Street into a single-family residence with five bedrooms and a two-car garage was on the North End/Waterfront Neighborhood

Council (NEWNC) agenda.

The first time around NEWNC deferred the proposal suggesting the owner continue to meet with abutters.

This time around, NEWNC voted to support the plan conditionally, pending the owner works with the North Bennet Street Council (NEWNC Pg. 3)

Payment assistance programs with National Grid available

Special to the Times-Free Press

National Grid is urging customers facing rising winter energy bills to consider company-offered programs that can spread bills across several months and explore payment assistance programs offered by state and federal agencies and regional non-profits.

The effort is part of National Grid's Winter Customer Savings Initiative, which was launched last month to help customers reduce their energy use and save money, manage their bills, and secure

available energy assistance.

The initiative brings together and expands National Grid's many customer resources, including numerous payment assistance programs for income-eligible customers, extensive residential and business energy efficiency programs and incentives, low-cost and no-cost bill management solutions, and flexible payment programs.

One of the bill management programs offered by National Grid includes the Budget Plan. The Budget Plan is designed to take

(ASSISTANCE Pg. 2)



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Suffolk County Sheriff Tompkins named 'Employer of the Year'

Suffolk County Sheriff Steven W. Tompkins was named "Employer of the Year" by the National Association of Government Employees (NAGE).

Reacting to the unexpected honor of becoming the first-ever recipient of the award, Sheriff Tompkins expressed his appreciation for both the designation and the work of the bestowing organization.

"I'm somewhat taken aback by this award, but I am deeply honored," said Sheriff Tompkins. "NAGE is an awesome organization that does great work in the service of working men and women across this country. I proudly stand with labor and support NAGE in all that they do to keep people safe and healthy at work, with fair wages and a just and equitable environment."

Speaking about the decision to select Sheriff Tompkins as the inaugural winner of the award, NAGE President David Holway explained that it was less about having to make a choice and more about recognizing the person who best embodied the ideals of the award.

"We represent and work with 350 employers," said President Holway. "Nobody is fairer to our members than Sheriff Tompkins. He's responsive to their needs and he understands and appreciates what they do every day."

NAGE is an organization of members united by the belief in the dignity and worth of workers and the services they provide. They are dedicated to improving the lives of workers and their families and creating a more just and humane society.

Members are public and private workers – federal, state, county, and municipal employees – police officers, firefighters, correctional officers, health care workers – nurses, paramedics, and emergency medical technicians – office workers, and professional workers. NAGE seeks a stronger union to build power for the organization and to protect the people it serves.

NAGE is made up of women and men of every race, ethnicity, national origin, religion, age, physical ability and sexual orientation, who are the standard-bearers in the struggle for social and economic justice begun nearly half a century ago by shipyard workers who dared to dream beyond their daily hardships and to organize for economic security, dignity and respect.



Suffolk County Sheriff Steven W. Tompkins.

THE REGIONAL REVIEW

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21	22	23	24	25	26	27	19	20	21	22	23	24	25
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ASSISTANCE (from pg. 1)

the guesswork out of the monthly billing process. The program takes the amount customers usually pay on their National Grid bills in a year and breaks that amount into twelve balanced monthly payments to help offset high seasonal bills. Customers will still pay only for the total amount of energy

they use in a year, but the Budget Plan makes it easier to anticipate monthly energy costs and plan household budgets. For more information customers may view the Even Payments-Making Budgeting Easier brochure.

Along with this, National Grid will refer income-eligible families

and customers needing special assistance to meet their energy needs. Programs include but are not limited to:

- The Home Energy Assistance Program (HEAP), also known as the Fuel Assistance Program, helps income-eligible households pay their heating bills with federally funded grants.

- Discount Rates where qualifying income-eligible customers may receive a discounted rate on electric and gas service, as well as no-cost energy efficiency upgrades.

- The Massachusetts Good Neighbor Energy Fund is available to any Massachusetts residents who, because of temporary financial difficulty, cannot meet a month's energy expense and is not eligible for state or federal energy assistance

Last week, National Grid announced the company is committing \$17 million in philanthropic funding to local community and philanthropic support organizations. The funds will be distributed through National Grid and the National Grid Foundation to existing networks and community partners across Massachusetts and New York that are set up to help individuals, families and communities who need it most. As part of this philanthropic funding, earlier this week National Grid in New England announced that the first \$1 million of those funds would be distributed to three Massachusetts brands of the United Way and the Good Neighbor Energy Fund.

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New waste-disposal ban regulations are now in effect

The Baker-Polito Administration on November 1 announced that new waste ban regulations that promote recycling and re-use, reduce trash disposal, and foster recycling business growth take effect starting November 1. The new regulations will ban the disposal of mattresses and textiles in the trash, as well as decrease food waste from businesses and institutions. Massachusetts currently has a food waste ban on businesses disposing one ton or more per week, and these regulations lower that threshold to a half-ton per week.

The Massachusetts Department of Environmental Protection (MassDEP) established a ban on disposal of food waste from businesses and institutions disposing of one ton or more per week in 2014, which increased food waste diversion from 100,000 tons per year to more than 300,000 tons per year, while also creating hundreds of new jobs and increasing the gross state product by \$77 million. Despite this progress, food waste still represents more than one-fifth of the trash we dispose of. Lowering the threshold from one ton to a half-ton per week aims to continue Massachusetts' progress in this area. An estimated 4,000 businesses will be subject to the new thresh-

old. Fortunately, Massachusetts businesses are well on their way to compliance as more than 3,500 businesses already participated in a food waste collection program in 2021.

"In order to meet the important goals outlined in the 2030 Solid Waste Master Plan, the Baker-Polito Administration has focused on reducing waste disposal, while also increasing recycling, diversion, reuse, and composting measures," said Energy and Environmental Affairs Secretary Beth Card. "These regulations and the supporting strategies that are being implemented today will continue our nation-leading efforts and jump-start waste diversion work that is occurring across the Commonwealth."

MassDEP has supported the food waste ban by providing grants to businesses establishing or expanding capacity to manage food waste, including anaerobic digestion and composting operations. MassDEP also recently announced a new grant offering to invest in expanding the infrastructure for collecting food waste, mattresses, and textiles. Additionally, MassDEP supports business waste reduction, recycling, and composting initiatives through the RecyclingWorks in Massachusetts program. This program, which is fully funded by Mass-

DEP, is run under contract by the Center for Eco Technology. Through RecyclingWorks, Massachusetts businesses receive free assistance to manage any waste they generate, including the new banned materials.

Textiles represent another important opportunity for Massachusetts to reduce the waste stream and capture valuable resources. Each year, the Commonwealth throws out more than 200,000 tons of textiles in the trash. This includes old clothing, as well as other things like towels, linens, and even bags, belts, and shoes. Fortunately, Massachusetts has an extensive collection infrastructure of both non-profit and for-profit textile recovery organizations that can find a new use for these materials, either through selling or donating for reuse, or recycling into products such as carpet padding, insulation, or wiping rags.

"Recovering textiles is an excellent opportunity for our cities and towns to reduce trash disposal from their residents at the same time as they get paid for the valuable textiles that they recover," said MassDEP Commissioner Martin Suuberg. "We are pleased to partner with this burgeoning industry to remove these valuable materials from the waste stream and put them back

to work."

Mattresses are a difficult material to manage at solid waste facilities and take up a large amount of space in landfills. More than 75 percent of mattresses can be effectively separated and recycled, including metal, wood, fabric, and padding. Massachusetts has established a statewide mattress recycling contract that includes five recycling companies that can serve Massachusetts municipalities that establish mattress recycling programs to serve their residents. MassDEP has provided grants to several of those companies, as well as other Massachusetts-based mattress recyclers, to increase the capacity to manage mattresses, as well as to create new job opportunities. Massachusetts generates approximately 600,000 unwanted mattresses per year, about 200,000 of them from residents, with the rest coming from businesses and institutions. MassDEP has provided grants to help establish mattress recycling programs in 137 municipalities.

More information on the waste disposal bans is available on MassDEP's website.

ScrubaDub, Community Servings Partner on 30th 'Pie in the Sky'

Community Servings, a non-profit provider of medically tailored meals and nutrition services, and a leader in "food is medicine" research, advocacy and policy, is teaming up with ScrubaDub Auto Wash Centers once again for the 30th annual Pie in the Sky Thanksgiving fundraiser that helps feed chronically and critically ill neighbors throughout Massachusetts.

ScrubaDub, New England's leading car wash company, will give away a complimentary Express Wash and more to those who make a \$30 "Pie for a Community Servings Client" donation at www.pieinthesky.org. Each donation supports a week's worth of nutritious meals for food and nutrition-insecure neighbors living with illnesses such as HIV/AIDS, cancer, heart disease, diabetes, and more.

"As a family-run business deeply rooted in the community, we understand the importance of giving back. That's why we passionately support Community Servings' mission to provide medically tailored, nutritious, scratch-made meals to chronically and critically ill individuals and their families," said Mathew Paisner, ScrubaDub's Director of Business Development. "We're proud of our longstanding partnership and excited to do our

part to make the 30th anniversary of Pie in the Sky the biggest and best year yet."

This year online donors also have a chance at winning one year of unlimited free car washes. In addition, motorists visiting any of ScrubaDub's 20 New England tunnel locations may donate \$5 to Community Servings to receive free Simoniz UltraShine protection (\$10 value) with each car wash. All online donations that qualify for the free Express Wash coupons are sent by email and are valid after Thanksgiving.

Over the past eight years, the Paisner family-owned car wash company has contributed over \$200,000 to Community Servings and donated over \$300,000 of in-kind car wash services to customers who help them support the cause.

"We are grateful for ScrubaDub's dedication to our mission and their continued support for the communities that both of our organizations serve," said David B. Waters, CEO of Community Servings.

The 30th annual Pie in the Sky campaign continues until Nov 19, just days before Thanksgiving. For more information, visit www.pieinthesky.org.

NEWNC (from pg. 1)

School (an abutter) on construction plans suitable for both parties.

NEWNC also supported a request by the Wine Bottega, Hanover Street to transfer its liquor license to a new owner at the same location, same name.

An occupancy change was sup-

ported by NEWNC at 354-356 Hanover Street was supported.

Plans call for changes from a two residential unit and one retail space to three residential units and one retail space was supported by the community group.

An update on the North

Washington Street Bridge was presented. MassDOT has held two more public meetings to provide additional information.

The next NEWNC public monthly meeting (virtual) will be held on Monday, November 14 at 7 PM.



Kick-off Event

PLAN: Downtown

Wednesday, November 9

4:00 PM - 6:00 PM

Downtown Crossing

Summer Street at Washington Street
Boston, MA

Event Description:

Mayor Michelle Wu, along with the Boston Planning & Development Agency (BPDA) have announced the relaunch of PLAN: Downtown. Please join the PLAN: Downtown team in relaunching the Downtown planning process at an outdoor kick-off event on November 9 from 4:00 PM to 6:00 PM in Downtown Crossing. There will be hot cider and the chance to talk about the future of Downtown together.

PLAN: Downtown will resume the community planning process first started in 2018 and put on hold in 2020, to develop a framework for the preservation, enhancement, and growth of Downtown as a place for all. The relaunch process will work with local stakeholders and community members to directly address the impacts of the COVID-19 pandemic on Downtown.

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BostonPlans.org

[@BostonPlans](https://www.instagram.com/BostonPlans)

Teresa Polhemus, Executive Director/Secretary

EDITORIAL

AN IMPORTANT ELECTION WITH BIG BALLOT QUESTIONS

This Tuesday, November 8, is state election day in Massachusetts.

With two-term incumbent Governor Charlie Baker having chosen not to seek re-election, voters will be choosing a new governor for the first time in eight years.

The contest between Democrat Maura Healey and Republican Geoff Diehl represents the starkest contrast between two candidates for the governorship in our state in almost 100 years.

Healey and Diehl espouse polar-opposite views on almost every topic, most notably regarding former President Donald Trump (Diehl is an unabashed supporter, Healey is not).

It is not an overstatement to say that the future direction of our state is dependent on Tuesday's outcome, and for that reason alone, everyone should get out to vote.

There also are four ballot questions for voters to consider. The two that have garnered the most attention are Question 1 and Question 4.

Question 1 would impose an additional four percent state tax on the income of residents that exceeds \$1 million. Net income up to \$1 million would still be taxed at the five percent rate, with only the amount exceeding \$1 million taxed at the higher rate.

It should be noted that the state legislature cannot enact a graduated income tax. The Mass. Constitution does not allow the legislature to do so, and thus voters essentially will be determining whether to amend our state constitution to permit a higher tax rate on high-income individuals.

The question is being supported by the citizens group Mass. Fair Share and is being opposed primarily by a number of ultra-wealthy individuals who have contributed millions of dollars to the Vote No campaign.

Question 4 on the state ballot essentially does this: It allows any resident of Massachusetts, regardless of immigration status, to obtain a Mass. driver's license, provided they meet all of the usual requirements of obtaining a license. In addition, the new law specifically states that such persons will not be eligible to become registered voters and will not be able to obtain a REAL ID driver's license.

The Mass. legislature already has approved a law to do this. That law is set to go into effect on July 1, 2023. However, those who oppose the law gathered enough signatures to place the question on the ballot. A "Yes" vote on Question 4 will allow the law to go into effect on July 1, 2023.

We would note that a wide array of various groups, including police chiefs, district attorneys, and other law enforcement agencies, strongly support a "Yes" vote on Question 4. In addition, similar laws have been enacted in many other states.

As a final reminder to our readers, early voting is now underway in every city and town hall across the state. However, early voting ends this Friday -- there is no early voting this weekend -- so if you do not vote before Friday at your local city or town hall, you will have to go to the polls on Tuesday.

With so much at stake, we urge all of our readers to get out and vote.

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GUEST OP-ED

John Fetterman, President Roosevelt and disability in public office

By Glenn Mollette

One of the greatest Presidents of all time was Franklin D. Roosevelt. He served from 1933 to 1945. He led this country and saw us through some of our toughest years. Many say he stands as the greatest President of all time. Ironically, he had a difficult time standing.

Photographs of Roosevelt in a wheelchair are rare but you can find one on the Internet.

Franklin D. Roosevelt, was our 32nd President but he began experiencing symptoms of a paralytic illness in 1921 when he was 39 years old. His main symptoms were fever; symmetric, ascending paralysis; facial paralysis; bowel and bladder dysfunction; numbness and hyperesthesia; and a descending pattern of recovery. He was diagnosed with poliomyelitis and underwent years of therapy, including hydrotherapy at Warm Springs, Georgia. Roosevelt remained paralyzed from the waist down and relied on a wheelchair and leg braces for mobility, which he took efforts to conceal in public. In 1938, he founded the National Foundation for Infantile Paralysis, leading to the development of polio vaccines. Although historical accounts continue to refer to Roosevelt's case as polio, the diagnosis has been questioned in the context of current medical science, with a competing diagnosis of Guillain-Barré syndrome proposed by some authors.

We could talk and write about Franklin D. Roosevelt all day. However here are a few of his noted accomplishments from his 12 years of service -- longer than anyone. Creation of the emergen-

cy banking act to counteract the Great Depression. Establishment of FDIC. Unemployment rate reduction. Setup many institutions to support the New Deal. Created institutions as part of the New Deal. Created the U.S. Social Security System. Established the minimum wage and 40-hour work week. He took action to prohibit discrimination in employment, led America to victory in World War II, and, took part in the creation of the United Nations. He also aided water pollution control and more. (Wikipedia)

However, would Roosevelt even have a chance today? Can you imagine him trying to conceal his wheelchair or his leg braces? Not in this age. Would The Press and the opposition tear him to shreds as being physically incapable of holding down the job?

Disabled Americans and people worldwide can point to Roosevelt as someone who dealt with tremendous physical obstacles to accomplish much for our country and the world.

Americans with disabilities should not be excluded from running for public office. We vote for who we want to vote for but in a free country all citizens should be able to try.

John Fetterman of Pennsylvania is trying. He has had a stroke, but he's trying. It has been amazing to witness the amount of support Pennsylvania has given Fetterman. He is in a dead heat race with national celebrity Dr. Mehmet Oz whose star power as a long time TV doctor star has surely greatly boosted him in his race with Fetterman for the United States Senate.

Tragically, Fetterman's health apparently prevents him from articulating clearly. His mental ability to quickly process what he is hearing is obviously impaired. This has to make it tough for him. Roosevelt did not have this problem. His mind appeared to be sharp and his speech clear and convincing during his years as President. This is where Roosevelt's situation and Fetterman's is different.

Fetterman needs and deserves time to heal. He obviously needs continuing medical treatment and therapy to recuperate from his stroke. He is still a young man. In a year, or two he may be fully recovered and more able to serve. This is unfortunate for Fetterman and his supporters but only makes sense for his personal health. The fact that he is running for such a demanding job in his current state demonstrates that his mental clarity is somewhat impaired. It also demonstrates that people close to him are mentally impaired to have encouraged him to continue in this political contest. He needs time to get well so that if elected he can serve effectively.

The bottom line is that voters will decide who represents them. This is one right we must continue to cherish, protect and be mentally clear about.

Glenn Mollette is the publisher of Newburgh Press, Liberty Torch and various other publishing imprints; a national columnist -- American Issues and Common Sense opinions, analysis, stories and features appear each week in over 500 newspapers, websites and blogs across the United States.

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RESIDENTS NEED TO WORK WITH HOTEL

The challenge to stop a hotel from being developed on Cross Street in the North End did not need to occur.

Reality has set in and a hotel is coming in the near future.

Residents now need to make sure of many things when construction starts, like any changes, construction starting and stopping times, noise, dust, debris and safety.

Working with the City and developer would be a good idea to lessen some of the problems that could occur when things start.

NORTH END LIBRARY COULD USE SOME VOLUNTEERS

Friends of the North End Library are paving the way to create bigger and better programming for the residents of the community, for all ages.

While there are many activities already going on at the library, The Friends, are continuously contemplating more events for library members and their families.

One of the goals is to acquire more membership and volunteers to assist library staff with ongoing programs for youth, adults and seniors.

Volunteering in the neighborhood is a noble task that helps make things happen in a positive manner for everyone.

HANDS-ON PUBLIC MEETINGS GOT THE JOB DONE

Conducting hands on community meetings at public facilities is without question more effective than virtual communications.

They offer more opportunities for residents to attend and present their personal opinions and concerns relating to projects that directly affect the neighborhood and relaying the message to City Hall and the State.

Tackling issues is a public forum, face to face is the only way to obtain the pulse of the community on a first-hand basis, it also allows more residents to get involved, especially seniors.

CUTILLO PARK RENOVATIONS STARTED

There has been many distractions and delays relating to the renovations of Cutillo Park in the North End, but construction has already started at the park with fencing cutting off access during construction that will reportedly finish next summer.

It took some time to finally get the project rolling but the end results will make up for the delay.

The Cutillo Park Committee never gave up and continued to work with the Boston Parks Department to make the park usable for the community.

Greenway unveils As We Rise artwork

By Phil Orlandella

A celebration was recently held to launch As We Rise a project that showcases collaboration along The Greenway, a new monumental projection artwork that features local dancers above downtown Boston.

The dance injection project was announced by the Rose Fitzgerald Kennedy Greenway Conservancy led by Australian artist Wendy Yu will bring public art to the side of the iconic Federal Reserve Bank building at 600 Atlantic Avenue, adjacent to Dewey Square on The Greenway.

Large scale video-based artwork will be projected on the building's northern exterior wall, viewable

from The Greenway and Boston's waterfront every evening until November 29.

Commissioned by The Greenway Conservancy in early 2022, the video projection features short bursts of freestyle-based street dance from five local dancers spanning multiple generations.

Fifteen-minute videos highlight the dancers' movements as they interpret music in the moment and engage common techniques in ways that reflect individual styles.

The artwork will continuously be shown from dusk to 10 PM each evening.

Public art on The Greenway is funded exclusively through grants and private sources.

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# of bedrooms	60% AMI	Household size	60% AMI
Studio	\$29,700	1	\$58,920
1-Bedroom	\$31,500	2	\$67,320

Minimum Incomes Apply. Minimum incomes do not apply to households with housing assistance (Section 8, MRVP, VASH) or for the units in this development that include a project-based voucher.

Applications are available during the application period for 15 days, from November 9, 2022 - November 23, 2022

To request an online application or to have one sent by email visit <https://bit.ly/41NorthMarginApp> or call (617) 567-7755.

After careful consideration and an abundance of caution, the City of Boston has decided to cancel the in-person application distribution period. If you cannot complete the application online, please call us at (617) 567-7755, to request that we mail you one and to ask us for any support or guidance you might need to complete the application.

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birth and engagement announcements, news releases, business briefs, honor rolls, social news, sports stories, and photographs for publication. Items should be forwarded to our offices at 385 Broadway, Citizens Bank Building, Revere, MA 02151. Items can also be faxed to 781-485-1403. The Independent also encourages readers to e-mail news releases to editor@reverejournal.com. The North End Regional Review assumes no financial responsibility for typographical errors in advertisements, but will reprint that part of the advertisement in which the error occurs. Advertisers will please notify the management immediately of any errors that may occur.

Fire regulations in the City of Boston prohibit open fires and charcoal and gas grills on roofs, fire balconies and fire escapes.

NEW CITIZENS CELEBRATE ON THE GREENWAY

By Phil Orlandella

After the naturalization ceremony at Faneuil Hall for new citizens a welcome reception was held at the Armenian Heritage Park on The Greenway.

When they arrived at the park

they were greeted by students from The Advent School and a twelve-piece band, the Black Sea Salsa, plus a mezze lunch.

The event was a success as families and friends got together with one another and there was dancing on the Labyrinth.



Black Sea Salsa entertained the crowd.



A naturalization ceremony at Faneuil Hall for new citizens.



Pictured (above and below) the crowd cheered as the new citizens walked by.



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NEW CITIZENS CELEBRATE ON THE GREENWAY



Students from The Advent School greeted the new citizens.



Newly naturalized citizens were congratulated.



A naturalization ceremony at Faneuil Hall for new citizens.



The crowd cheered as the new citizens walked by.

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North Shore Philharmonic Orchestra performs music of Strauss, Lalo, and Sibelius Nov. 13

The North Shore Philharmonic Orchestra will begin its 74th season when Music Director Robert Lehmann conducts a program featuring the music of Johann Strauss, Edouard Lalo, and Jean Sibelius on Sunday, November 13, 3 p.m. at Swampscott High School.

Grammy Award-winning violinist Charles Dimmick highlights the program as the featured soloist in Edouard Lalo's "Symphonie Espagnole." Dimmick, concertmaster of the Portland Symphony Orchestra and the Rhode Island Philharmonic, has earned praise for his solo performances throughout New England.

The program also includes the Symphony No. 3 of Jean Sibelius. Tickets can be purchased at the door or in advance online at www.nspo.org.

"Extravagant orchestral colors and sweeping musical gestures are on display for our Fall concert," said Music Director Robert Lehmann. "Each composer on this program was a master musical illustrator. Johann Strauss, Jr., who is known as 'the 'Waltz'

king,' vividly depicts the elegance and sophistication of 19th century Vienna, as well as the exotic and gypsy Hungarian flavors that feature prominently in his 'Gypsy' Baron Overture."

Dr. Lehmann commented about the featured soloist and the program selection. "Charles Dimmick is an extraordinary violinist perfectly-suited to bring to life Lalo's colorful and virtuosic display of his impressions of Spain and its most famous violin virtuoso, Pablo de Sarasate," said Lehmann. "All the moods and character of the Iberian peninsula find their way into this work."

The Sibelius symphony portrays the composer's deep affection for the wonders and beauty of his native Finland. "The Third Symphony displays everything from wistful, melancholy tunes to a radiant concluding 'hymn' of majestic grandeur and sweeping power," said Lehmann.

The Orchestra missed out on its entire 2020-21 season due to the Covid 19 pandemic but made a triumphant return last year.



Grammy Award-winning violinist Charles Dimmick is the featured soloist in Edouard Lalo's "Symphonie Espagnole" with the North Shore Philharmonic Orchestra Sunday, November 13, 3 p.m. at Swampscott High School.



Music Director Robert Lehmann will lead the North Shore Philharmonic Orchestra in concert Sunday, November 13, 3 p.m. at Swampscott High School.

This year marks the Orchestra's 75th birthday and its 74th concert season. For full concert information, visit www.nspo.org or contact info@nspo.org.

The NSPO is committed to the health and safety of our patrons and musicians. While the NSPO will not require Covid vaccination proof or other measures, patrons

who are at high risk for infection are encouraged and wear a mask and always maintain 'social distancing' inside Swampscott High School.

CITY PAWS

Winter dog walking tips

By Penny & Ed Cherubino

Safe walks with your dog in icy, snowy, and cold conditions require preparation for both of you. First, you need winter gear to keep you warm and upright while you give your pup the exercise she needs.

We once asked a professional dog walker to share his tips on keeping warm. He stressed the importance of layering and having different layers for our changing winter weather. Some days call for a base layer and jeans. On wet or freezing days, he would add rain pants. Not only did these keep him dry, but they also provided good insulation.

Like you, your dog may need a layer of clothing to keep warm and dry. We put insulated, water-proof jackets on our Poppy for cold, wet days. We also use t-shirts to keep her clean and free of hanging snowballs her fur collects on other walks.

Boots for Winter Walking

When you choose your footwear for a walk on a wet winter day, think about how important it is to your dog that you do not fall. A fall could mean letting go of the leash or hurting your pup. Choose shoes designed to keep your feet warm on long walks and help you

stay upright.

While some aspects of winter can be fun, salt on roads and sidewalks is bad news for dogs. If you've ever had salt in a cut, you know how that stings. Now imagine walking on salt with raw, irritated paws. Consider washing your dog's feet after each walk to remove salty residue. Poppy wears dog boots when needed.

Winter Weight Gain

A few years ago, we researched why Poppy gained a bit of weight every winter despite our best efforts to control her food and exercise ratio. We learned about the "Thrifty Gene."

Ken Tudor, DVM, on the Pet MD website, wrote, "Shorter days signal to the dog brain that winter is coming. This sets off hormonal changes to slow metabolism and conserve calorie expenditure." He says, "These changes also promote the deposition of fat. This phenomenon is a result of a genetic adaptation called the 'thrifty gene.' The thrifty gene prepares the dog for the harsh winter and allows for normal performance in harsh conditions."

Knowing this, we check her weight regularly, give her fewer treats, and cut back on how much food we provide during the winter months. When we can add exercise

to her life on a nice day, we'll do it, but in winter, controlling calories is often easier than burning them.

How Cold Is Too Cold?

You have to think about a particular dog to decide how long it can be outside safely in cold weather. Jennifer Coates, DVM writing for PetMD.com, offered the following, "In general, cold temperatures should not become a problem for most dogs until they fall below 45°F, at which point some cold-averse dogs might begin to feel uncomfortable. When temperatures fall below 32°F, owners of small breed dogs, dogs with thin coats, and/or very young, old, or sick dogs should pay close attention to their pet's well-being. Once temperatures drop under 20°F, all owners need to be aware that their dogs could potentially develop cold-associated health problems like hypothermia and frostbite."

If you're a person taking care of a dog for the first time or are new to our winter weather, we advise reading articles on the topic and asking friends and neighbors to share their best winter weather tips for dog walks.

Do you have a question or topic for City Paws? Send an email to Penny@BostonZest.com with your request.



T-shirts help keep Poppy clean and free of the hanging snowballs her fur collects, even on mild days.

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CONSTRUCTION UPDATE

North Washington Street Bridge construction look-ahead through Nov. 12

This is a brief overview of construction operations and impacts for the North Washington Street Bridge Replacement Project. MassDOT will provide additional notices as needed for high-impact work and changes to traffic configurations beyond those described below.

Scheduled Work

- Inspection and testing of tub girder welds
- Weld repairs
- Marine fender system panels

Work Hours

- Most work will be done during weekday daytime hours (6:00 a.m. – 4:00 p.m.)

Travel Tips

For everyone using the temporary bridge, please help share the space: walk to the right, walk bikes, and be mindful of people coming from both directions, if walking in a large group.

Drivers should take care to pay attention to all signage and move carefully through the work zone. Police details, lane markings, temporary barriers, traffic cones, signage, and other tools will be used to control traffic and create safe work zones.

The Tudor Wharf Walkway (under the bridge next to the water in Paul Revere Park) will be intermittently closed for safety during construction operations, with access provided via the Water Street underpass. The Boston Harborwalk under the bridge and eastern/harborside bridge sidewalk remain closed until rebuilt.

The contractor is coordinating with the TD Garden and local police to provide awareness and manage traffic impacts during events. For your awareness, the following TD Garden events are scheduled during this look-ahead period:

- CONCERT: 11/2 at 8:00 p.m., 11/6 at 7:00 p.m., and 11/12 at 8:00 p.m.
- BRUINS: 11/7 at 7:00 p.m. and 11/10 at 7:00 p.m.
- CELTICS: 10/28 at 7:30 p.m., 10/30 at 6:00 p.m., 11/4 at 7:30 p.m., 11/9 at 7:30 p.m., and 11/11 at 7:00 p.m.

Real Estate Transfers

BUYER 1	SELLER 1	ADDRESS	PRICE
BACK BAY			
Sennelius, Thong	L H Gilmcher 2001 T	100 Beacon St #3A	\$3,100,000
Bruno, Raffaele	Bullock, John A	226 Commonwealth Ave #1	\$2,199,000
Laird, Elena L	Griffin, Michael	61 Dartmouth St #2	\$2,600,000
Teperdjian, Elvira	Misra, Sanjay S	21 Beacon St #7E	\$725,000
Garcez, Adriano	BRS Nation Realty LLC	511 Beacon St #1	\$323,750
BEACON HILL			
Tweedy, Robin	Duval, Marty	15 River St #803	\$700,000
Walnut Partners LLC	Dougherty, Mary B	3-5 Walnut St #3	\$1,950,000
Federico, Natalia	Maria T Federico RET	6 Whittier Pl #12C	\$415,000
Petty&Larsen FT	Trevail, Charles	3 Winter Pl #1-4	\$2,680,000
BAY VILLAGE/SOUTH END/KENMORE			
16 Bond 007 LLC	Leo J Motsis LT	16 Bond St	\$2,000,000
Begleiter, Eric	Leo Begleiter LT	12 Stoneholm St #301	\$345,000
WATERFRONT/DOWNTOWN			
Manda, Vidyaranya	Lipson, Judith A	3 Avery St #903	\$545,000
Morison, Timothy	Boston FT	80 Broad St #1007	\$1,210,000
CP Home Properties LLC	Ruiz-Lapuenta, Pilar	300 Commercial St #501	\$560,000

LEGAL NOTICES

LEGAL NOTICE

COMMONWEALTH OF MASSACHUSETTS THE TRIAL COURT PROBATE AND FAMILY COURT

Suffolk Division
24 New Chardon St.
Boston, MA 02114
(617) 788-8300

CITATION ON PETITION FOR FORMAL ADJUDICATION

Docket No. SU22P2342EA

Estate of: Arthur Augustine Roche

Date of Death: 07/30/2022

To all interested persons: A Petition for Formal Adjudication of Intestacy and Appointment of Personal Representative has been filed by Ryan Murphy of Peabody, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Jonathan J. Davey, Esq. of Quincy, MA be appointed as Personal Representative(s) of said estate to serve With Personal Surety

on the bond in unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 12/01/2022.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty days (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating

to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Brian J. Dunn, First Justice of this Court.

Date: October 20, 2022

Felix D. Arroyo, Register of Probate

11/3/22 RR

LEGAL NOTICE

COMMONWEALTH OF MASSACHUSETTS THE TRIAL COURT PROBATE AND FAMILY COURT

Suffolk Probate And Family Court
24 New Chardon St.
Boston, MA 02114
(617)788-8300

CITATION ON PETITION FOR FORMAL ADJUDICATION

Docket No. SU22P2371EA

Estate of: Hubert. E. Desmond

Date of Death: 07/27/2022

To all interested persons: A Petition for Formal Probate of Will with Appointment of Per-

sonal Representative has been filed by Denis F. Desmond of Hanover, MA requesting that the court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Denis F. Desmond of Hanover, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 12/06/2022.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Brian J. Dunn, First Justice of this Court.

Date: October 24, 2022

Felix D. Arroyo Register of Probate

11/3/22 RR

LEGAL NOTICE

COMMONWEALTH OF MASSACHUSETTS THE TRIAL COURT PROBATE AND FAMILY COURT

Suffolk Probate And Family Court
24 New Chardon Street
Boston, MA 02114
(617)788-8300

CITATION ON PETITION FOR FORMAL ADJUDICATION

Docket No. SU22P2252EA

Estate of: Mary Frances Lee

Also known as: Mary F. Lee, Mary Welch

Date of Death: 08/28/2022

A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Francis J. Lee, Jr. of Boston, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Francis J. Lee, Jr. of Boston, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 11/29/2022.

This is NOT a hearing date, but

a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty days (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Brian J. Dunn, First Justice of this Court.

Date: October 13, 2022

Felix D. Arroyo, Register of Probate

11/3/22 RR

NEWS BRIEFS

By PHIL ORLANDELLA

NEW BUSINESS SPEAKERS' PROGRAM AT LIBRARY

The Friends of the North End Library have created a new speaker's series: Meet your neighborhood business owners, to introduce some locally owned businesses to the community, to promote their business and to introduce residents to the businesses that are available in the neighborhood.

Owners will discuss and answer questions about owning a business in the North End.

Any North End business that would like to introduce themselves and their business to neighbors should contact... FriendsNorthEndLibrary@gmail.com.

NEWNC MEETING

The next North End/Waterfront Neighborhood Council (NEWNC) monthly public meeting will be held virtually on Monday, November 14 at 7 PM.

FLU VACCINATIONS NEEDED

Flu vaccines are highly effective in lowering the risk of getting sick and preventing onset of severe systems during the flu season according to the Boston Public Health

Commission (BPHC), which encourages people of all ages to get annual shots.

Both the flu and COVID-19 vaccines are essential for being safe this winter. Check with North End Health Center for appointments.

NEWRA MEETING

The next North End/Waterfront Residents' Association (NEWRA) monthly public meeting will be held on Thursday, November 10 at 6:30 PM Nazzaro Community Center.

CITY HALL ART DISPLAY

The Mayor's Office of Women's Advancement and MassNOW is displaying Periods of Art Pop Up at City Hall's gallery.

The art display features material from menstrual justice advocates in the Greater Boston area until November 18.

NEWRA ELECTS OFFICES

The North End/Waterfront Residents' Association (NEWRA) at its October monthly meeting elected offices to two-year-terms.

Cheryl Greco Pres., Jennifer

Crampton Vice Presidents, Kirsten Hoffman Secretary, Mary Anne D'Amato Treasurer and Gregory Heald Sergeant at Arms.

LIBRARY BOOK TALK

The Dina G. Malgeri Fund Cultural Enrichment, will present a book talk by author Robert Cocuzzo, *The Road to San Donato* at the North and Library on Wednesday, November 16 at 6:30 PM.

Cocuzzo is the longtime editor of *N Magazine*, Nantucket Island's leading lifestyle publication.

The library also has a continuing improved book sale on the shelves in the back of the facility.

NORTH WASHINGTON STREET BRIDGE UPDATE

MassDOT held two virtual public meetings October 18 and 19th to discuss the status of the North Washington Street Ridge project, updating the project schedule.

Two meetings were held to accommodate everyone's schedule as best as possible.

Residents, abutters, local business owners and interested parties were presented an overview of

the construction status which was supposed to happen monthly.

Community residents received an update on the progress of construction on the well-used bridge. A completion date of the entire project is expected to take place in December 2023.

TRELLIS LIGHTING/NOVEMBER 21

Friends of Christopher Columbus Park (FOCCP) will conduct the annual Trellis Lighting on Monday, November 21 at 5 PM.

The iconic blue trellis lights will once again light up the site on The Greenway.

Special guests will celebrate the event, sponsored by the Marriott Long Wharf off which will also be providing light refreshments.

SAINT FRANCIS HOUSE HATS AND GLOVES DRIVE

A drive to provide winter hats and gloves for guests of Saint Francis House is underway by the North End Friends of the House, partnering with Greenway Realty Group.

The annual collection runs from October 31 through December 2. New hats and gloves can be dropped off at Greenway Realty

Group to Olivia.

"Those that can't get to the store to purchase these items can donate cash and the Friends will purchase them in bulk and get a great wholesale price," said John Romano of the group.

"Last year, the group raised over \$3,500 and would like to get over the \$4,000 mark this year," he said.

Donors can drop off cash to Olivia or venmo money to John Romano@patricia-romano-24.

The Friends have already raised over \$600.00 through the NEAA Soccer Program families.

NEWRA/NEWNC JOINT MEETING

North End community groups recently hosted Arthur Jemison, Chief of Planning and Director of the Boston Planning and Development Agency for the City of Boston.

It was an opportunity to hear about the Mayor Michelle Wu Administration's strategy for community planning and development while asking questions relating to impacts on the North End Waterfront community.

The meeting was held at the Pilot House on Atlantic Avenue.

In addition, the NEWRA/NEWNC public meeting discussed climate resiliency.

FRIENDS OF THE NORTH END NEWS AND NOTES

By Dom Piso

Best wishes for a full recovery to Joe Blazo's sister and condolences to Charlie Coppola's family.

Congrats to the bocce ball champs. Your article discussing "At Home Shopping", triggers lots of memories for me during my early youth, two in particular! The first was during the Ice Man's delivery. In the very hot summer months, as the ice man sometimes struggled to successfully separate the chunks of ice, ice chips would be left behind on the floor bed of his truck.

As youngsters, as soon as he was out of sight, we would scoop up the chips and suck on them until they melted and refreshed our parched mouths. If there was enough left over, rub whatever remained on our foreheads and backs to cool off. The other memory was of the watermelon delivery you mentioned. Nick D'Amore's father would travel down Salem Street with his horse drawn carriage yelling, Watermelooow, Watermelooow, in a very promi-



Kids eating ice chips off wagon, approx. 1945.

nent Italian accent.

Thank you for triggering those memories!! Look forward to our FONE get together here in Florida.

Fond Regards,
Domenic Piso"

You all must have memories of growing up in the North End,

or if not in the NE wherever you grew up.

If you send me your memories I will post them in the Friends of the North End Newsletters.

They do not have to be in story form, just send a paragraph or two.

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MGH breaks ground on state-of-the-art clinical care building

Special to Times

Massachusetts General Hospital (MGH) broke ground Thursday, Oct. 27, on a multi-year construction project for a new, state-of-the-art clinical care facility along Cambridge Street, enabling MGH to address ongoing growth of services and the need for increased capacity.

The facility will be home to the Mass General Cancer Center and the Corrigan Minehan Heart Center. Two inpatient towers will house 482 single-bed inpatient rooms, offering a comfortable and holistic healing environment for patients and families.

With more than 1.5 million square feet, the new facility will be located entirely within the MGH campus. Larger operating, inter-

ventional and procedural rooms, imaging facilities, infusion rooms, exam rooms, and support space for pharmacy and dietary services will also reside within the new facility. Six levels of underground parking, accommodating 864 vehicles for patients and families, will replace the outdated Parkman Garage. Parking spaces for 566 bicycles and green roof terraces are also included.

"This building will be the most important Mass General constructs in our history – perhaps only second to our original Bulfinch building dating back to 1811. It will create the environment our staff need, and our patients deserve. This new building will allow us to continue to excel across our four missions—caring for our patients with clinical



COURTESY OF MASSACHUSETTS GENERAL HOSPITAL

Elected officials and other dignitaries are seen on Oct. 27 at the groundbreaking ceremony for the Mass General Hospital's new, state-of-the-art clinical care.

CITY OF BOSTON HOUSEHOLD HAZARDOUS WASTE DAY

Saturday, November 19, 2022
9 a.m. – 1 p.m.

315 Gardner St, Boston, MA

- Proof of Boston residency required.
- We will not accept any waste from businesses.
- Household Alkaline batteries are not hazardous waste per MassDEP guidelines and are not accepted.
- We accept electronics, clothing, tires, and more! Find the list of accepted items and battery guide at boston.gov/hazardous-waste

CITY of **BOSTON**



Public Works

excellence, improving the health of the communities we serve, training the next generation of healthcare leaders, and changing the healthcare of the future through discovery and innovation," David F. M. Brown, MD, President of Massachusetts General Hospital, said in a press release. "Our donors have strengthened our infrastructure in the past and we count on them to continue to serve as the engine behind our evolution; behind our ability to transform the health of our patients now — and for the next 200 years."

The sustainable structure will be powered almost entirely using renewable electricity, reflecting a commitment to significantly reducing the hospital's carbon footprint. Built to withstand major flooding and high winds, the building will be MGH's most resilient, serving MGH's most vulnerable patients by providing its own energy and systems for up to 96 hours during natural or manmade disasters.

"At the core of all of our decisions at Mass General is how we impact our patients and the communities we serve," said Marcela del Carmen, MD, MPH, President of the Massachusetts General Physicians Organization, in a press release. "This building is a new gateway for patient care, and it will transform our future."

"This new building is, first and foremost, about our patients and providing them with the type of care experience they deserve," said Anne Klibanski, MD, President and CEO of Mass General Brigham, in a press release. "There is a pressing need in healthcare for innovative facilities that are forward-looking, collaborative, and patient centered, offering better treatment and hope to patients with the most challenging conditions. Once complete, we will be able to offer the world-class care that Mass General Brigham is known for to more patients in a supportive, personalized, and

efficient setting that is second to none."

The new MGH building has also triggered a major financial investment by the hospital for some of the most treasured community organization programs in the West End and Beacon Hill — including the West End Museum, the Museum of African American History, the Old West Church and the Esplanade Association.

"This new facility ushers in the next generation of health care, one which seamlessly integrates technological innovation, patient-centered wellness, environmental sustainability and clinical excellence under the same roof," said Jonathan Kraft, Chairman of Massachusetts General Hospital's board of trustees and President of the Kraft Group, in a press release.

Construction is anticipated to last approximately seven years, with the new facility opening in phases between 2027 and 2030.



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